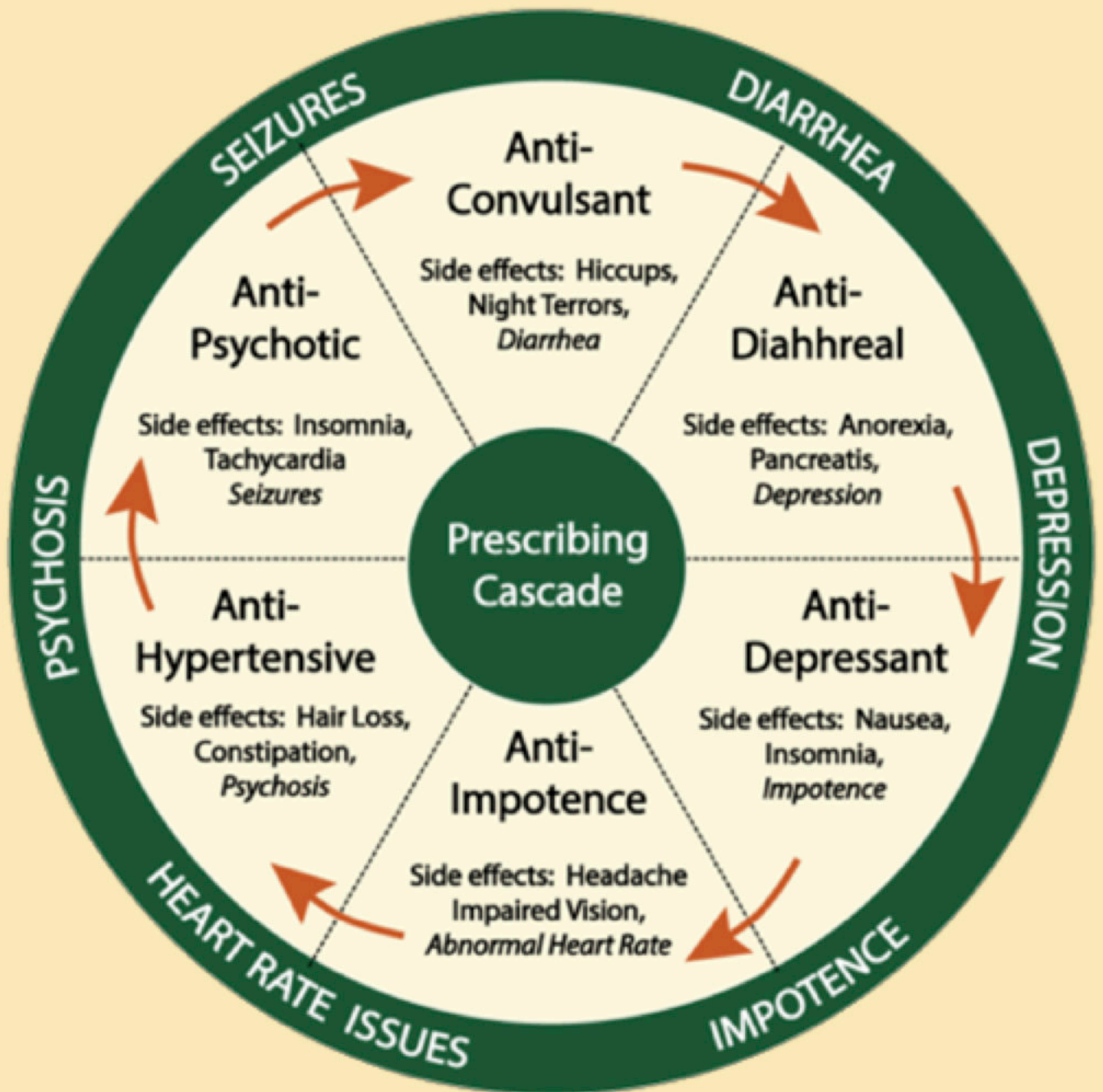


Prescribing Cascade

A potential vicious circle of adding new drugs to combat the side effects of previous ones



Taking psychiatric drugs in combination is often a diminishing return with escalating side effects.

Drugs are rarely tested in combination so taking two or more at once is often poorly evidence-based.

Talk with your prescribers

- *How does this drug perform compared to placebo?*
- *What is the frequency of the various side effect?*
- *Can I eliminate some drugs or reduce dosages?*